

Sprint

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total	
1	08:58:00	100	Gemma	Traviss-Turner	Female	C	39	G	Valley Striders Tri Cl	Sprint	00:06:21	00:01:13	00:34:20	00:00:42	00:22:12	01:04:48
2	08:57:00	98	Alex Jane	Smethurst	Female	C	32	F	Northallerton	Sprint	00:05:58	00:01:44	00:34:33	00:00:57	00:21:56	01:05:08
3	09:12:30	129	Grace	Longden	Female	C	17	B	High Peak	Sprint	00:08:59	00:01:39	00:34:05	00:00:47	00:22:01	01:07:31
4	09:01:30	107	Georgina	Beeden	Female	C	26	E	Harrogate	Sprint	00:07:08	00:01:57	00:39:38	00:00:55	00:21:04	01:10:42
5	09:00:00	104	Jackie	Hargreaves	Female	C	42	H	Whixley York	Sprint	00:06:29	00:01:38	00:38:52	00:01:13	00:22:43	01:10:55
6	09:10:00	124	Rachel	Spencer	Female	C	43	H	Leeds	Sprint	00:08:11	00:01:53	00:37:28	00:00:51	00:22:37	01:11:00
7	09:00:30	105	Sophie	Dowkes	Female	C	41	H	Post SV Narnberg	Sprint	00:07:19	00:01:25	00:37:10	00:01:04	00:24:08	01:11:06
8	09:03:30	111	Rachel	Davidson	Female	C	33	F	Valley Striders Tri Cl	Sprint	00:07:56	00:01:44	00:40:12	00:01:12	00:20:27	01:11:31
9	09:20:00	144	Nicola	Staples	Female	C	33	F	York	Sprint	00:06:47	00:01:51	00:37:15	00:00:58	00:24:41	01:11:32
10	09:42:30	189	Dawn	Jackson	Female	C	60	L	cardiac Athletes	Sprint	00:11:08	00:02:45	00:33:34	00:01:06	00:23:04	01:11:37
11	09:04:30	113	Giovanna	Andreuccetti	Female	C	54	J	Knaresborough	Sprint	00:07:50	00:01:51	00:37:38	00:01:27	00:24:10	01:12:56
12	09:09:30	123	Lisa	Athey	Female	C	46	I	Alnwick	Sprint	00:08:18	00:01:28	00:38:56	00:00:49	00:25:12	01:14:43
13	09:08:30	121	Leanne	Mitchell	Female	C	36	G	Cleveland Tri Club	Sprint	00:08:49	00:01:22	00:38:28	00:00:43	00:25:27	01:14:49
14	09:07:30	119	Peppi	Fletcher	Female	C	41	H	Pocklington Runners	Sprint	00:07:54	00:01:50	00:40:03	00:00:52	00:24:52	01:15:31
15	08:56:30	97	Sarah	Corden	Female	C	28	E	York	Sprint	00:05:57	00:02:20	00:39:54	00:01:17	00:26:48	01:16:16
16	09:20:30	145	Clementine	Bird	Female	C	25	E	Leeds	Sprint	00:09:46	00:01:42	00:35:36	00:01:21	00:27:58	01:16:23
17	09:33:30	171	Linda	Biagioni	Female	C	60	L	Harrogate	Sprint	00:09:39	00:04:33	00:34:22	00:02:46	00:25:38	01:16:58
18	08:59:00	102	Alice	Lovegrove	Female	C	24	C	Vegan Runners	Sprint	00:07:36	00:03:16	00:44:26	00:00:36	00:21:06	01:17:00
19	09:05:00	114	Carly	Pettett	Female	C	36	G	Bradford	Sprint	00:07:59	00:01:59	00:43:37	00:00:47	00:22:45	01:17:07
20	09:02:00	108	Margaret	Williams	Female	C	45	I	Team Deane Tri Club	Sprint	00:07:29	00:02:09	00:37:10	00:01:24	00:29:26	01:17:38
21	08:56:00	96	Danielle	Finelli	Female	C	36	G	Huddersfield	Sprint	00:08:53	00:02:40	00:39:50	00:01:40	00:24:38	01:17:41
22	09:07:00	118	Hannah	Thomas	Female	C	37	G	York	Sprint	00:08:04	00:02:29	00:40:33	00:00:40	00:26:03	01:17:49
23	08:55:30	95	Sarah	Noble	Female	C	34	F	Scarborough	Sprint	00:07:39	00:02:44	00:41:17	00:02:01	00:24:23	01:18:04
24	09:53:30	211	Kyla	McCosh	Female	C	30	F	Harrogate	Sprint	00:07:35	00:01:40	00:43:07	00:00:45	00:25:08	01:18:15
25	09:23:30	151	Kirsty	Hall	Female	C	38	G	HARROGATE	Sprint	00:08:31	00:01:58	00:39:46	00:01:10	00:26:59	01:18:24
26	08:57:30	99	Fiona	Harris	Female	C	54	J	Bramham	Sprint	00:06:45	00:02:06	00:41:14	00:01:02	00:28:44	01:19:51
27	09:18:00	140	Claire	Gibbs	Female	C	52	J	Harrogate Tri Club	Sprint	00:09:20	00:01:53	00:42:23	00:01:14	00:25:49	01:20:39
28	08:58:30	101	Emma	Crofts	Female	C	27	E	Leeds & Bradford Tri	Sprint	00:06:37	00:01:45	00:42:03	00:00:53	00:29:58	01:21:16
29	09:19:30	143	Amanda	Gardiner	Female	C	49	I	Tri2O	Sprint	00:09:49	00:01:39	00:41:09	00:01:07	00:28:29	01:22:13
30	09:28:30	161	Teresa	Reynolds-Wood	Female	C	51	J		Sprint	00:09:46	00:01:59	00:44:36	00:01:05	00:25:05	01:22:31
31	09:17:30	139	Amy	Davis	Female	C	28	E	Pontefract	Sprint	00:10:57	00:02:14	00:39:59	00:01:51	00:27:33	01:22:34
32	09:44:30	193	Liz	Dolby	Female	C	40	H	Clay Cross	Sprint	00:10:43	00:02:05	00:42:39	00:00:46	00:26:44	01:22:57
33	09:28:00	160	Beth	Wynn	Female	C	36	G	York	Sprint	00:08:23	00:01:55	00:44:21	00:00:34	00:27:55	01:23:08
34	09:45:00	194	heather	wood	Female	C	67	M	London	Sprint	00:12:05	00:02:22	00:43:44	00:00:45	00:25:38	01:24:34
35	09:11:00	126	Erin	Bagral	Female	C	46	I	York	Sprint	00:09:17	00:03:23	00:41:07	00:02:16	00:28:31	01:24:34
36	09:25:00	154	elizabeth	noble	Female	C	48	I	Sheffield	Sprint	00:09:18	00:02:30	00:44:51	00:00:57	00:27:06	01:24:42
37	09:06:30	117	Michele	Nettleton	Female	C	62	L	Hull	Sprint	00:08:10	00:03:04	00:41:12	00:01:46	00:30:30	01:24:42
38	09:33:00	170	Natalia	Atherley	Female	C	20	C	York	Sprint	00:09:01	00:02:11	00:46:41	00:00:41	00:26:16	01:24:50
39	09:43:00	190	Louise	Walton	Female	C	53	J	York	Sprint	00:11:10	00:02:17	00:41:00	00:01:28	00:28:58	01:24:53
40	09:32:30	169	hana	clarke	Female	C	17	B	selby	Sprint	00:09:57	00:01:24	00:41:22	00:00:57	00:31:45	01:25:25
41	10:06:30	237	Ali	Merritt	Female	C	28	E	Leeds	Sprint	00:07:41	00:02:19	00:42:44	00:01:08	00:31:37	01:25:29
42	10:03:00	230	Kelly	Temple	Female	C	46	I	York	Sprint	00:11:52	00:02:35	00:43:58	00:01:01	00:26:04	01:25:30

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	09:12:00	128	Emily	Fisher	Female	C 28	E	Scunthorpe	Sprint	00:08:32	00:03:11	00:42:17	00:02:03	00:29:36	01:25:39
44	09:23:00	150	Karolina	Conway	Female	C 39	G	Sheffield	Sprint	00:10:16	00:03:19	00:42:25	00:02:16	00:28:13	01:26:29
45	10:01:30	227	Elina	Smith	Female	C 16	A	Newcastle under Lym	Sprint	00:08:58	00:02:38	00:44:32	00:01:01	00:29:49	01:26:58
46	10:02:30	229	Kayleigh	Cuddy	Female	C 35	G		Sprint	00:08:18	00:02:38	00:42:44	00:01:05	00:32:17	01:27:02
47	10:08:30	241	Rebecca	Gvozdenko	Female	C 33	F	Halifax	Sprint	00:11:05	00:02:49	00:45:06	00:00:56	00:27:28	01:27:24
48	09:36:30	177	Samantha	HARDY	Female	C 35	G	Cayton	Sprint	00:11:45	00:02:48	00:41:27	00:01:20	00:30:06	01:27:26
49	10:21:00	260	Julie	Darnbrough	Female	C 52	J	Brighthouse Bumble Be	Sprint	00:10:23	00:03:28	00:46:16	00:01:35	00:25:47	01:27:29
50	09:47:30	199	Katherine	Hughes	Female	C 33	F	York	Sprint	00:09:34	00:03:31	00:44:34	00:01:35	00:28:22	01:27:36
51	09:16:00	136	Chloe	Blake	Female	C 32	F	Ronald McDonald	Sprint	00:09:20	00:02:24	00:44:01	00:01:25	00:30:58	01:28:08
52	08:59:30	103	Andrea	Demeter	Female	C 23	C	CRUK	Sprint	00:06:38	00:02:50	00:42:34	00:01:50	00:34:20	01:28:12
53	09:31:00	166	Emma	Krousti	Female	C 46	I	York	Sprint	00:11:23	00:02:24	00:43:55	00:01:21	00:29:37	01:28:40
54	09:46:30	197	Jenny	Carpenter	Female	C 54	J	York	Sprint	00:08:11	00:03:02	00:45:24	00:02:06	00:30:45	01:29:28
55	08:52:00	92	Katherine	Pickering	Female	C 15	A	GOOLE	Sprint	00:08:22	00:02:19	00:46:26	00:00:52	00:31:32	01:29:31
56	10:03:30	231	Tanya	Whitehead	Female	C 53	J	York	Sprint	00:09:46	00:02:44	00:48:50	00:00:50	00:27:25	01:29:35
57	09:14:00	132	Elaine	Synnott	Female	C 63	L	Coventry Tri	Sprint	01:04:11	01:15:33	00:41:14	00:01:32	00:35:32	01:29:40
58	09:26:30	157	Molly	Reilly	Female	C 25	E	York	Sprint	00:08:41	00:04:05	00:43:10	00:00:59	00:33:21	01:30:16
59	09:52:00	208	Rachael	Sinclair	Female	C 48	I		Sprint	00:10:40	00:02:32	00:44:54	00:02:20	00:30:02	01:30:28
60	09:45:30	195	Stephanie	Ayres	Female	C 27	E		Sprint	00:10:13	00:03:20	00:42:20	00:01:24	00:33:22	01:30:39
61	09:03:00	110	Victoria	Prowse	Female	C 27	E	Leicester	Sprint	00:07:22	00:03:58	00:46:04	00:01:33	00:32:02	01:30:59
62	09:29:00	162	Rebecca	Bennett	Female	C 28	E	Chorley	Sprint	00:10:21	00:02:48	00:45:53	00:00:57	00:31:09	01:31:08
63	09:58:30	221	Danielle	Bastiaens	Female	C 31	F	CRUK	Sprint	00:10:59	00:02:43	00:40:48	00:02:23	00:34:21	01:31:14
64	09:15:00	134	Clare	Chamberlain	Female	C 50	J	Harrogate Tri club	Sprint	00:09:45	00:02:49	00:45:09	00:01:16	00:32:27	01:31:26
65	09:09:00	122	Linda	Stacey	Female	C 57	K	Wakefield Tri Club	Sprint	00:09:02	00:01:50	00:41:58	00:02:22	00:36:49	01:32:01
66	09:37:30	179	Chantelle	Miller	Female	C 45	I	The Millers	Sprint	00:12:25	00:01:29	00:42:58	00:00:47	00:34:37	01:32:16
67	09:24:00	152	Jenny	Kilmartin	Female	C 43	H	York	Sprint	00:09:25	00:02:09	00:46:55	00:00:53	00:32:55	01:32:17
68	09:22:00	148	Katie	Dove	Female	C 22	C	Harrogate	Sprint	00:10:36	00:03:06	00:47:32	00:01:39	00:29:27	01:32:20
69	10:07:00	238	Hannah	Flanagan	Female	C 25	E	Mansfield	Sprint	00:09:12	00:02:01	00:48:24	00:01:21	00:31:45	01:32:43
70	08:53:00	94	Bethan	Hammond-Jones	Female	C 25	E	Doncaster Tri Club	Sprint	00:07:12	00:02:35	00:49:41	00:01:19	00:32:18	01:33:05
71	09:41:30	187	Kathryn	Fraser	Female	C 51	J	Harrogate	Sprint	00:12:19	00:02:18	00:43:56	00:01:31	00:33:35	01:33:39
72	09:34:30	173	Amelia	Cottam	Female	C 35	G	Sheffield	Sprint	00:10:26	00:02:15	00:46:58	00:00:43	00:33:19	01:33:41
73	09:42:00	188	Samantha	Littlefair	Female	C 36	G	Orston	Sprint	00:10:25	00:02:48	00:49:36	00:00:45	00:30:20	01:33:54
74	09:51:00	206	Emily	Ingram	Female	C 44	H	Northwich	Sprint	00:11:29	00:02:32	00:45:01	00:00:58	00:33:59	01:33:59
75	09:13:00	130	Sophie	Priestley	Female	C 22	C	Harrogate	Sprint	00:08:25	00:03:03	00:48:49	00:00:58	00:32:49	01:34:04
76	09:34:00	172	Ashleigh	Burgan	Female	C 33	F	Sheffield	Sprint	00:09:33	00:02:33	00:51:24	00:00:49	00:30:25	01:34:44
77	09:40:30	185	Jade	Tickle	Female	C 22	C	Chorley	Sprint	00:08:49	00:02:28	00:48:47	00:01:04	00:33:38	01:34:46
78	10:01:00	226	Anna	Shawcross	Female	C 41	H	Bolton	Sprint	00:09:38	00:02:55	00:53:55	00:00:56	00:27:43	01:35:07
79	09:31:30	167	Teresa	Storey	Female	C 52	J	Wakefield Tri Club	Sprint	00:10:36	00:03:11	00:45:05	00:01:36	00:35:04	01:35:32
80	09:53:00	210	Judy	Baird-Murray	Female	C 60	L	Harrogate	Sprint	00:16:07	00:02:36	00:49:16	00:01:31	00:27:08	01:36:38
81	09:05:30	115	Charlie	Freeman	Female	C 36	G	York	Sprint	00:08:06	00:02:53	00:43:03	00:01:10	00:41:29	01:36:41
82	09:48:30	201	Jackie	Moxon	Female	C 61	L	Castleford	Sprint	00:11:55	00:03:04	00:47:28	00:00:59	00:33:40	01:37:06
83	10:05:30	235	Sarah	Nicholson	Female	C 30	F	London	Sprint	00:10:02	00:04:29	00:55:19	00:01:30	00:27:27	01:38:47
84	09:15:30	135	Claire	Holmes	Female	C 39	G	Chandlers Ford	Sprint	00:09:10	00:02:57	00:45:42	00:00:46	00:40:42	01:39:17
85	08:48:00	85	Vicki	Parnaby	Female	C 42	H	Trimdon Village	Sprint	00:10:24	00:05:18	00:51:45	00:02:45	00:29:15	01:39:27
86	09:16:30	137	Sarah	Brennan	Female	C 54	J	Tadcaster	Sprint	00:09:59	00:03:24	00:44:48	00:00:05	00:41:49	01:40:05

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total	
87	09:01:00	106	JESSICA	KIRK	Female	C	34	F	CRUK	Sprint	00:08:25	00:04:06	00:47:05	00:01:25	00:39:35	01:40:36
88	09:26:00	156	Emily	Reeves	Female	C	47	I	LLANFYLLIN	Sprint	00:12:12	00:03:11	00:49:21	00:00:47	00:35:18	01:40:49
89	09:14:30	133	Harriet	Worrall	Female	C	30	F	Retford	Sprint	00:09:39	00:03:51	00:49:31	00:03:00	00:34:54	01:40:55
90	10:02:00	228	Natasha	Smith	Female	C	27	E	Birmingham	Sprint	00:08:42	00:04:54	00:53:06	00:01:48	00:32:55	01:41:25
91	09:27:30	159	Kristina	Spachis	Female	C	37	G	York	Sprint	00:09:45	00:02:51	00:51:01	00:01:02	00:37:05	01:41:44
92	08:43:30	75	Keren	Pearson	Female	C	36	G	Holmfirth	Sprint	00:09:16	00:02:56	00:56:04	00:01:53	00:31:41	01:41:50
93	09:40:00	184	Kristen	Williams	Female	C	18	B	Thorpe Willoughby	Sprint	00:10:48	00:03:09	00:52:58	00:00:59	00:34:08	01:42:02
94	09:58:00	220	Alison	Bailey	Female	C	40	H	Northallerton	Sprint	00:14:03	00:02:43	00:49:54	00:01:33	00:34:03	01:42:16
95	09:21:00	146	Kath	Knott	Female	C	71	N	Roberttown Road Ru	Sprint	00:11:29	00:03:22	00:47:55	00:01:56	00:37:36	01:42:18
96	09:50:00	204	Gwerfyl	White	Female	C	60	L	Bookham	Sprint	00:11:58	00:02:48	00:51:50	00:02:45	00:34:09	01:43:30
97	09:30:00	164	Kerrie	Brown	Female	C	33	F	Darlington	Sprint	00:10:26	00:03:54	00:49:57	00:01:24	00:38:13	01:43:54
98	09:38:30	181	Susan	Ridings	Female	C	64	L	Mold	Sprint	00:11:16	00:02:32	00:57:26	00:00:47	00:32:28	01:44:29
99	09:21:30	147	Bethan	Owen	Female	C	30	F	Darlington Tri Club	Sprint	00:08:55	00:02:10	00:55:49	00:01:27	00:36:53	01:45:14
100	09:43:30	191	Penny	Bullimore	Female	C	74	N	Cleethorpes tri club	Sprint	00:12:08	00:02:27	00:47:00	00:02:18	00:41:52	01:45:45
101	09:54:00	212	Francesca	Brittain	Female	C	26	E	Beverley	Sprint	00:10:17	00:06:02	00:47:31	00:01:18	00:42:06	01:47:14
102	09:44:00	192	Sarah	Barnes-Walsh	Female	C	40	H	Tyldesley	Sprint	00:10:53	00:03:08	00:52:35	00:02:35	00:38:30	01:47:41
103	09:57:30	219	Alison	Ashton	Female	C	67	M	Wakefield	Sprint	00:12:55	00:03:55	00:55:41	00:01:25	00:34:07	01:48:03
104	09:49:00	202	Kathy	Nicholson	Female	C	28	E	Viking striders	Sprint	00:21:34	00:03:03	00:54:38	00:00:59	00:29:45	01:49:59
105	10:06:00	236	Eleanor	Taylor	Female	C	24	C	CRUK	Sprint	00:11:44	00:03:46	00:58:57	00:01:34	00:34:16	01:50:17
106	09:30:30	165	Amanda	Lea-Langton	Female	C	53	J	Harrogate Tri Club	Sprint	00:11:46	00:03:09	00:55:07	00:01:32	00:40:06	01:51:40
107	09:56:30	217	Lesley	Stewart	Female	C	64	L	Ruswarp	Sprint	00:15:28	00:03:25	00:57:37	00:00:43	00:36:15	01:52:02
108	10:04:30	233	Georgina	Barker	Female	C	27	E	Lincoln	Sprint	00:14:54	00:04:46	01:00:39	00:01:35	00:32:02	01:53:56
109	09:47:00	198	Shelly	Coulson	Female	C	50	J	NYP Tri	Sprint	00:12:46	00:04:31	00:50:33	00:03:38	00:43:48	01:55:16
110	09:11:30	127	Hayley	Woods	Female	C	39	G	Altofts	Sprint	00:09:11	00:03:09	01:07:05	00:01:06	00:37:02	01:57:33
111	09:52:30	209	Victoria	Harley	Female	C	39	G	Malton	Sprint	00:11:02	00:03:33	00:54:48	00:02:48	00:46:15	01:58:26
112	09:46:00	196	Amanda	Kundi	Female	C	40	H	Saltaire	Sprint	00:11:57	00:03:11	01:03:48	00:01:13	00:44:23	02:04:32
113	09:50:30	205	Jane	Sheridan	Female	C	63	L	Bassetlaw Tri Club	Sprint	00:11:25	00:04:07	01:10:49	00:00:55	00:39:01	02:06:17
114	09:35:30	175	Bethany	Frost-Lunn	Female	C	28	E	Knottingley	Sprint	00:13:25	00:05:24	00:58:31	00:02:58	00:48:36	02:08:54
115	08:46:30	81	Tracy	CHURCH	Female	C	45	I	Sheffield	Sprint	00:10:02	00:03:44	01:00:06	00:00:22	00:55:08	02:09:22
116	09:59:00	222	Maureena	John	Female	C	49	I	Nantwich Tri	Sprint	00:15:46	00:05:11	01:00:53	00:02:02	00:46:04	02:09:56
117	08:44:30	77	Nikita	Morris	Female	C			Wickersley	Sprint	00:11:44	00:04:10	00:55:21	00:06:56	00:53:09	02:11:20
118	08:44:00	76	Kirsty	Morris	Female	C	35	G	ROTHERHAM	Sprint	00:09:37	00:04:41	01:02:00	00:00:25	00:55:04	02:11:47
119	09:37:00	178	Marissa	Lloyd	Female	C	26	E	Orb Community Arts	Sprint	00:11:25	00:05:13	01:01:30	00:02:17	00:56:33	02:16:58
120	09:59:30	223	Jane	Mather	Female	C	59	K	CRUK	Sprint	00:14:39	00:03:57	01:08:01	00:01:53	00:51:15	02:19:45
121	09:39:00	182	Cheryl	Snowden	Female	C	48	I	Lonely Goats RC	Sprint	00:16:04	00:05:10	01:13:37	00:01:34	00:47:30	02:23:55