

Sprint

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	07:00:00	44	Sam	Hopton	Open	Cat 34	F	Pure Endurance	Sprint	00:07:02	00:00:36	00:33:53	00:00:50	00:19:04	01:01:25
2	07:00:00	25	Joe	Donkin	Open	Cat 28	E	Halesowen AC&CC	Sprint	00:07:22	00:01:14	00:36:27	00:00:49	00:18:29	01:04:21
3	07:00:00	61	Matthew	Moores	Open	Cat 28	E		Sprint	00:07:36	00:00:00	00:36:50	00:01:13	00:19:52	01:05:31
4	07:00:00	835	Adam	Barnes	Open	Cat 31	F	Streetly	Sprint	00:07:00	00:00:00	00:37:07	00:01:29	00:20:02	01:05:38
5	07:00:00	27	Alasdair	Fellows	Open	Cat 28	E	Hyde Park Harriers	Sprint	00:07:22	00:00:43	00:37:16	00:00:39	00:19:47	01:05:47
6	07:30:00	134	Chris	Dent	Open	Cat 40	H		Sprint	00:07:35	00:00:52	00:35:01	00:01:11	00:21:13	01:05:52
7	07:00:00	41	Andrew	Hilton	Open	Cat 39	G	1485 Tri Club	Sprint	00:07:38	00:00:00	00:36:42	00:01:06	00:21:19	01:06:45
8	07:00:00	29	Luke	Garrick	Open	Cat 28	E	Team IOM	Sprint	00:07:33	00:00:58	00:36:31	00:00:45	00:20:59	01:06:46
9	07:00:00	71	Jake	Procter	Open	Cat 29	E		Sprint	00:09:38	00:00:54	00:33:08	00:00:44	00:22:57	01:07:21
10	07:30:00	222	Mark	Wrigley	Open	Cat 62	L	Knutsford tri	Sprint	00:08:33	00:01:15	00:34:18	00:01:21	00:22:38	01:08:05
11	07:30:00	141	Marc	Geary	Open	Cat 50	J		Sprint	00:08:15	00:00:55	00:35:45	00:00:36	00:23:09	01:08:40
12	07:00:00	15	Tom	Cowley	Open	Cat 36	G		Sprint	00:07:43	00:00:56	00:38:46	00:00:51	00:21:14	01:09:30
13	07:30:00	221	Tim	Donnelly Smith	Open	Cat 55	K		Sprint	00:09:04	00:01:01	00:34:03	00:01:00	00:24:40	01:09:48
14	07:30:00	220	John	Pollard	Open	Cat 65	M	Coventry triathlon	Sprint	00:09:59	00:01:00	00:30:33	00:01:25	00:27:25	01:10:22
15	07:00:00	4	Rich	Attwell	Open	Cat 35	G	BRATs	Sprint	00:07:48	00:00:00	00:38:40	00:00:56	00:23:04	01:10:28
16	07:30:00	138	Neil	Garner	Open	Cat 45	I		Sprint	00:08:44	00:01:08	00:34:51	00:01:02	00:24:48	01:10:33
17	07:00:00	59	Liam	Mills	Open	Cat 38	G	Coventry Tri	Sprint	00:07:50	00:00:00	00:40:50	00:00:00	00:22:05	01:10:45
18	07:30:00	149	Mark	Heyes	Open	Cat 46	I	Belper 1020	Sprint	00:08:46	00:00:30	00:36:52	00:00:59	00:23:40	01:10:47
19	07:00:00	95	Carl	Watkins	Open	Cat 35	G	Thirsty Thumpers	Sprint	00:08:01	00:00:56	00:38:39	00:00:48	00:23:35	01:11:59
20	07:00:00	73	Baptiste	Ravoire	Open	Cat 35	G	Cretan Peaks	Sprint	00:08:25	00:02:22	00:35:26	00:02:14	00:23:40	01:12:07
21	07:00:00	70	Robert	Piper	Open	Cat 38	G		Sprint	00:08:52	00:01:33	00:38:03	00:01:13	00:22:36	01:12:17
22	07:00:00	60	Abder	Mokhbat	Open	Cat 26	E	BRAT	Sprint	00:07:44	00:01:44	00:39:36	00:02:09	00:21:05	01:12:18
23	07:30:00	142	Nigel	Gillingham	Open	Cat 51	J		Sprint	00:08:37	00:01:37	00:36:41	00:01:28	00:23:58	01:12:21
24	07:00:00	86	Sean	Stephenson	Open	Cat 20	C		Sprint	00:08:16	00:00:39	00:38:05	00:00:35	00:24:53	01:12:28
25	07:30:00	133	Anthony	Davies	Open	Cat 49	I		Sprint	00:08:28	00:00:00	00:37:57	00:01:32	00:24:45	01:12:42
26	07:30:00	147	Anthony	Hanaphy	Open	Cat 42	H	Solihull Triathlon Clu	Sprint	00:09:05	00:00:00	00:37:00	00:01:05	00:26:26	01:13:36
27	07:30:00	143	Paul	Golden	Open	Cat 44	H		Sprint	00:08:59	00:00:00	00:38:41	00:01:09	00:25:02	01:13:51
28	07:00:00	2	James	Allsop	Open	Cat 36	G		Sprint	00:08:13	00:00:55	00:41:03	00:00:54	00:23:09	01:14:14
29	07:00:00	64	Mathew	OConnor	Open	Cat 35	G		Sprint	00:07:26	00:01:00	00:43:42	00:00:43	00:21:57	01:14:48
30	07:30:00	158	Adam	Jones	Open	Cat 41	H		Sprint	00:08:45	00:01:32	00:39:41	00:00:59	00:24:20	01:15:17
31	07:00:00	33	Chandan	Hanji	Open	Cat 33	F		Sprint	00:08:53	00:00:00	00:40:21	00:01:03	00:25:08	01:15:25
32	07:00:00	23	Jake	Debonnaire	Open	Cat 32	F		Sprint	00:08:33	00:01:08	00:38:47	00:01:23	00:26:10	01:16:01
33	07:30:00	213	John	Winfieldale	Open	Cat 58	K		Sprint	00:09:14	00:00:00	00:41:51	00:01:19	00:23:50	01:16:14
34	07:30:00	129	nacho	veloso	Open	Cat 48	I	Solihull Triathlon Clu	Sprint	00:09:06	00:00:00	00:41:05	00:01:02	00:25:08	01:16:21
35	07:30:00	139	Mark	Garner	Open	Cat 49	I	Cleobury Mortimer R	Sprint	00:09:26	00:00:00	00:40:49	00:00:57	00:25:16	01:16:28
36	07:00:00	56	Geraint	May	Open	Cat 31	F		Sprint	00:10:01	00:00:52	00:38:41	00:00:49	00:26:20	01:16:43
37	07:30:00	140	Tom	Garsed	Open	Cat 43	H		Sprint	00:08:29	00:00:56	00:41:38	00:00:57	00:24:47	01:16:47
38	07:00:00	31	Matthew	Green	Open	Cat 39	G		Sprint	00:08:41	00:00:00	00:41:43	00:01:40	00:24:50	01:16:54
39	07:30:00	120	Andrew	Bowles	Open	Cat 55	K	Mondelez	Sprint	00:09:41	00:00:00	00:40:29	00:00:58	00:26:03	01:17:11
40	07:30:00	118	Richard	Bodenham	Open	Cat 52	J		Sprint	00:10:53	00:01:47	00:45:46	00:02:09	00:16:39	01:17:14
41	07:30:00	178	Austen	Morgan	Open	Cat 51	J	Chasewater \triatlhon	Sprint	00:10:45	00:01:36	00:36:09	00:01:12	00:27:32	01:17:14
42	07:30:00	183	Pierre-Yves	Pineau	Open	Cat 43	H		Sprint	00:09:29	00:00:51	00:39:39	00:00:42	00:26:39	01:17:20

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	07:30:00	124	Terry	Burke	Open	40	H		Sprint	00:08:41	00:01:18	00:40:04	00:01:26	00:26:04	01:17:33
44	07:00:00	834	Giovanni	Grant	Open	34	F	Alvechurch Cycling C	Sprint	00:08:43	00:01:08	00:39:50	00:01:43	00:26:22	01:17:46
45	07:30:00	127	Clare	Cassidy	Open	63	L		Sprint	00:11:11	00:01:04	00:32:56	00:02:02	00:30:40	01:17:53
46	07:00:00	28	James	Fewz	Open	26	E	Get Rich or Die Tri-i	Sprint	00:08:08	00:00:41	00:43:41	00:00:58	00:24:28	01:17:56
47	07:30:00	181	Brian	Parker	Open	63	L	Lichfield and Burntw	Sprint	00:09:53	00:01:22	00:39:46	00:01:14	00:25:50	01:18:05
48	07:00:00	54	Luke	Loveridge	Open	37	G	N/A	Sprint	00:09:38	00:01:01	00:39:46	00:01:00	00:26:43	01:18:08
49	07:30:00	185	john	price	Open	43	H		Sprint	00:09:07	00:01:16	00:40:58	00:01:55	00:24:55	01:18:11
50	07:30:00	128	Hentie	Cilliers	Open	48	I		Sprint	00:10:11	00:01:26	00:39:59	00:01:59	00:24:39	01:18:14
51	07:00:00	45	Sean	Howley	Open	34	F	Caerphilly Triers	Sprint	00:08:49	00:01:25	00:40:26	00:01:12	00:26:29	01:18:21
52	07:00:00	92	Joe	Wait	Open	32	F	Sam Coxon Tri	Sprint	00:08:45	00:02:35	00:40:44	00:02:12	00:24:08	01:18:24
53	07:00:00	87	Ned	Stubbings	Open	36	G		Sprint	00:08:10	00:00:51	00:44:35	00:00:54	00:24:12	01:18:42
54	07:00:00	57	Stephen	McFarland	Open	33	F	Manchester Triathlon	Sprint	00:08:53	00:01:29	00:43:18	00:01:05	00:24:21	01:19:06
55	07:00:00	104	Adam	Ashman	Open	28	E		Sprint	00:09:08	00:01:00	00:41:53	00:00:46	00:26:29	01:19:16
56	07:30:00	157	Oliver	Jenkins	Open	42	H		Sprint	00:09:57	00:00:57	00:38:58	00:01:14	00:28:25	01:19:31
57	07:30:00	195	Mitchell	Sorce	Open	45	I		Sprint	00:09:59	00:01:01	00:39:25	00:02:07	00:27:05	01:19:37
58	07:30:00	115	Paul	Bashford	Open	55	K		Sprint	00:10:03	00:00:00	00:41:12	00:01:07	00:27:45	01:20:07
59	07:00:00	79	Javier	Silva	Open	34	F		Sprint	00:09:30	00:00:00	00:44:21	00:00:45	00:25:49	01:20:25
60	07:00:00	78	James	Shinton	Open	35	G		Sprint	00:09:41	00:00:00	00:42:00	00:01:48	00:27:04	01:20:33
61	07:00:00	83	Richard	Sollom	Open	34	F		Sprint	00:09:29	00:00:00	00:42:58	00:01:34	00:26:40	01:20:41
62	07:00:00	22	Sam	Debonnaire	Open	30	F		Sprint	00:08:05	00:01:06	00:47:01	00:01:03	00:23:33	01:20:48
63	07:30:00	152	Shane	Holland	Open	55	K	Telford Tri	Sprint	00:09:25	00:01:32	00:42:27	00:01:23	00:26:22	01:21:09
64	07:30:00	153	Phil	Holt	Open	43	H		Sprint	00:09:52	00:00:52	00:42:54	00:00:38	00:26:58	01:21:14
65	07:00:00	35	Will	Harris	Open	33	F		Sprint	00:08:51	00:01:56	00:41:46	00:01:00	00:27:48	01:21:21
66	07:00:00	53	Daniel	Logan	Open	26	E		Sprint	00:10:05	00:00:00	00:42:57	00:00:46	00:27:47	01:21:35
67	07:00:00	105	Sam	Parmenter	Open	26	E		Sprint	00:09:29	00:01:55	00:41:12	00:02:12	00:26:55	01:21:43
68	07:30:00	179	Colin	Nicholls	Open	43	H	Aldridge RC	Sprint	00:09:53	00:01:51	00:41:25	00:01:28	00:27:07	01:21:44
69	07:00:00	3	Jack	Aston	Open	31	F		Sprint	00:09:52	00:01:14	00:42:44	00:00:36	00:27:19	01:21:45
70	07:00:00	107	Greg	Higgitt	Open	34	F	Lones Sharks	Sprint	00:10:04	00:01:46	00:40:33	00:02:11	00:27:14	01:21:48
71	07:30:00	211	Luke	Williams	Open	42	H		Sprint	00:09:06	00:00:00	00:43:10	00:01:48	00:27:49	01:21:53
72	07:00:00	88	Benjamin	Tennant	Open	25	E	Team Pants	Sprint	00:09:53	00:01:03	00:41:49	00:01:06	00:28:04	01:21:55
73	07:00:00	106	Paul	Mainprice	Open	32	F		Sprint	00:10:04	00:01:43	00:40:42	00:01:55	00:27:41	01:22:05
74	07:30:00	207	Stephen	Welch	Open	56	K		Sprint	00:09:27	00:01:14	00:44:26	00:01:15	00:25:52	01:22:14
75	07:00:00	5	Archie	Beresford	Open	24	C		Sprint	00:09:31	00:01:10	00:42:17	00:00:54	00:28:24	01:22:16
76	07:00:00	75	Benn	Robinson	Open	36	G		Sprint	00:08:18	00:00:45	00:47:13	00:00:37	00:25:28	01:22:21
77	07:00:00	38	Tom	Hazelwood	Open	39	G		Sprint	00:09:37	00:01:32	00:42:33	00:01:39	00:27:02	01:22:23
78	07:30:00	205	Richard	Waring	Open	51	J		Sprint	00:09:36	00:01:45	00:42:59	00:01:35	00:26:30	01:22:25
79	07:00:00	8	Edward	Breslin	Open	33	F		Sprint	00:08:56	00:01:38	00:47:27	00:01:04	00:23:21	01:22:26
80	07:00:00	109	Dan	Cooper	Open	31	F		Sprint	00:08:20	00:00:54	00:48:12	00:00:45	00:24:19	01:22:30
81	07:30:00	206	james	Watts	Open	52	J		Sprint	00:09:31	00:01:00	00:44:14	00:01:03	00:27:06	01:22:54
82	07:00:00	89	Lewis	Vasey	Open	29	E		Sprint	00:11:16	00:01:35	00:37:50	00:01:39	00:30:36	01:22:56
83	07:30:00	209	Gareth	Wilcock	Open	44	H		Sprint	00:10:46	00:02:20	00:39:54	00:02:16	00:27:42	01:22:58
84	07:00:00	32	Daniel	Hancock	Open	30	F		Sprint	00:08:36	00:01:02	00:47:27	00:01:01	00:24:59	01:23:05
85	07:30:00	119	Jon	Booth	Open	43	H		Sprint	00:10:52	00:01:14	00:42:08	00:01:20	00:27:48	01:23:22
86	07:00:00	48	Toby	Jackson	Open	38	G		Sprint	00:10:47	00:01:42	00:40:47	00:01:21	00:29:33	01:24:10

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
87	07:00:00	77	Zak	Senior	Open Cat	30	F		Sprint	00:09:51	00:00:00	00:46:23	00:02:11	00:25:57	01:24:22
88	07:30:00	190	Scott	Rutter	Open Cat	42	H		Sprint	00:09:57	00:00:00	00:48:06	00:00:50	00:25:38	01:24:31
89	07:00:00	42	Ryan	Hiscoke	Open Cat	30	F		Sprint	00:09:16	00:02:12	00:43:43	00:02:28	00:27:13	01:24:52
90	07:30:00	151	Gary	Hilton	Open Cat	41	H		Sprint	00:10:13	00:01:13	00:41:24	00:01:06	00:31:13	01:25:09
91	07:00:00	55	Dean	Loynes	Open Cat	37	G		Sprint	00:10:01	00:01:25	00:42:51	00:01:13	00:29:58	01:25:28
92	07:00:00	18	Adam	Cusack	Open Cat	33	F		Sprint	00:10:06	00:00:00	00:46:22	00:01:28	00:27:34	01:25:30
93	07:00:00	6	David	Bernard	Open Cat	27	E		Sprint	00:09:03	00:00:54	00:45:14	00:00:18	00:30:03	01:25:32
94	07:30:00	123	Rhys	Buck	Open Cat	51	J		Sprint	00:09:54	00:02:01	00:42:48	00:01:44	00:29:26	01:25:53
95	07:30:00	215	Mark	Witcomb	Open Cat	52	J		Sprint	00:09:50	00:02:41	00:42:24	00:02:18	00:28:43	01:25:56
96	07:30:00	126	Steven	Carolan	Open Cat	65	M		Sprint	00:10:58	00:02:41	00:40:33	00:04:09	00:27:39	01:26:00
97	07:30:00	180	Rob	Parker	Open Cat	41	H	Boldmere Bullets	Sprint	00:10:25	00:01:04	00:44:47	00:00:59	00:29:17	01:26:32
98	07:00:00	103	Sean	TRUE	Open Cat	32	F		Sprint	00:09:16	00:00:00	00:48:02	00:01:00	00:28:31	01:26:49
99	07:30:00	113	Greg	Aston	Open Cat	51	J		Sprint	00:09:39	00:00:00	00:48:15	00:02:48	00:26:28	01:27:10
100	07:30:00	163	Tim	Lawton	Open Cat	58	K		Sprint	00:10:57	00:01:14	00:42:53	00:01:29	00:31:10	01:27:43
101	07:00:00	49	James	King	Open Cat	24	C		Sprint	00:09:35	00:01:47	00:43:38	00:01:36	00:31:23	01:27:59
102	07:30:00	122	Ray	Brown	Open Cat	58	K	Cannock Chase Tri C	Sprint	00:10:45	00:01:43	00:42:43	00:02:26	00:30:24	01:28:01
103	07:30:00	219	Luke	Allcott	Open Cat	41	H	Luke Allcott	Sprint	00:09:33	00:00:00	00:49:35	00:01:36	00:27:23	01:28:07
104	07:30:00	165	James	Madders	Open Cat	42	H		Sprint	00:09:56	00:01:28	00:48:59	00:00:55	00:27:04	01:28:22
105	07:30:00	177	William	Moody	Open Cat	43	H		Sprint	00:10:33	00:01:35	00:44:50	00:01:20	00:30:39	01:28:57
106	07:00:00	81	Matt	Smither	Open Cat	35	G		Sprint	00:09:49	00:00:48	00:48:14	00:00:49	00:29:43	01:29:23
107	07:00:00	36	Jonathan	Harrison	Open Cat	31	F		Sprint	00:08:22	00:01:34	00:53:01	00:01:30	00:25:51	01:30:18
108	07:30:00	173	colin	mcnab	Open Cat	58	K		Sprint	00:11:03	00:01:40	00:45:49	00:02:19	00:29:37	01:30:28
109	07:00:00	68	Dan	Philpot	Open Cat	22	C		Sprint	00:09:57	00:01:33	00:48:48	00:01:20	00:28:58	01:30:36
110	07:00:00	9	Thomas	Campbell	Open Cat	35	G		Sprint	00:09:47	00:00:00	00:50:17	00:01:37	00:29:02	01:30:43
111	07:00:00	80	Mitchell	Smith	Open Cat	33	F		Sprint	00:10:42	00:01:52	00:44:22	00:01:59	00:32:32	01:31:27
112	07:30:00	161	Jay	Lad	Open Cat	55	K		Sprint	00:09:34	00:03:57	00:44:31	00:05:49	00:27:40	01:31:31
113	07:00:00	837	Cameron	Scott	Open Cat	26	E	Get Rich or Die Tri-i	Sprint	00:09:49	00:00:00	00:51:38	00:01:32	00:28:40	01:31:39
114	07:30:00	166	Matthew	Mander	Open Cat	54	J	N/A	Sprint	00:11:44	00:01:45	00:48:15	00:01:13	00:30:40	01:33:37
115	07:30:00	150	Matthew	Hillback	Open Cat	47	I	Chasewater tri club	Sprint	00:09:40	00:01:33	00:49:18	00:02:47	00:30:29	01:33:47
116	07:00:00	91	Tom	Wainman	Open Cat	30	F		Sprint	00:10:29	00:01:12	00:45:18	00:01:29	00:35:26	01:33:54
117	07:00:00	19	Charlie	Dauncey	Open Cat	25	E		Sprint	00:11:33	00:01:07	00:45:19	00:02:29	00:34:36	01:35:04
118	07:30:00	131	Kris	Corns	Open Cat	42	H		Sprint	00:09:46	00:01:01	00:54:18	00:01:08	00:28:51	01:35:04
119	07:30:00	156	Paul	Jackson	Open Cat	42	H	N/A	Sprint	00:09:35	00:00:50	00:45:46	00:01:10	00:37:48	01:35:09
120	07:00:00	43	Daniel	Hiscoke	Open Cat	35	G		Sprint	00:08:48	00:02:24	00:54:40	00:01:35	00:27:45	01:35:12
121	07:00:00	37	James	Hart	Open Cat	34	F	Caffe Espresso Racin	Sprint	00:12:45	00:01:30	00:46:10	00:01:29	00:33:22	01:35:16
122	07:30:00	212	David	Williams	Open Cat	43	H	N/A	Sprint	00:10:02	00:01:09	00:51:22	00:01:55	00:30:51	01:35:19
123	07:30:00	164	Matt	Lockyear	Open Cat	54	J	Caffe Espresso Racin	Sprint	00:12:32	00:02:23	00:45:01	00:01:47	00:33:44	01:35:27
124	07:00:00	14	Chris	Cooper	Open Cat	39	G		Sprint	00:11:42	00:02:02	00:46:55	00:01:28	00:33:37	01:35:44
125	07:30:00	146	Mark	Halpin	Open Cat	44	H		Sprint	00:10:38	00:01:09	00:53:12	00:00:45	00:30:03	01:35:47
126	07:00:00	46	Nathan	Hu	Open Cat	39	G		Sprint	00:10:49	00:01:34	00:52:02	00:00:57	00:30:43	01:36:05
127	07:30:00	202	Adrian	Waddington	Open Cat	57	K		Sprint	00:10:14	00:02:57	00:48:52	00:04:17	00:29:48	01:36:08
128	07:00:00	34	Deevia	Hanji	Open Cat	34	F		Sprint	00:11:44	00:01:56	00:49:36	00:01:56	00:31:00	01:36:12
129	07:30:00	192	Justin	Scrivens	Open Cat	49	I		Sprint	00:10:51	00:00:00	00:50:21	00:04:26	00:30:48	01:36:26
130	07:30:00	186	Jon	Procter	Open Cat	48	I		Sprint	00:10:51	00:03:06	00:48:12	00:03:34	00:30:47	01:36:30

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
131	07:30:00	175	James	Mein	Open Cat	44	H	Loafer	Sprint	00:10:50	00:03:04	00:48:56	00:02:50	00:30:54	01:36:34
132	07:00:00	65	Daniel	Payne	Open Cat	33	F		Sprint	00:11:30	00:02:07	00:49:23	00:01:41	00:32:00	01:36:41
133	07:30:00	167	Darren	Matthews	Open Cat	52	J		Sprint	00:11:16	00:00:00	00:53:08	00:01:09	00:31:35	01:37:08
134	07:00:00	7	Dylan	Bonham	Open Cat	18	B		Sprint	00:10:10	00:01:53	00:52:39	00:01:12	00:31:38	01:37:32
135	07:00:00	96	David	Watson	Open Cat	21	C		Sprint	00:08:44	00:23:28	00:20:13	01:03:15	00:22:26	01:37:40
136	07:30:00	121	Peter	Brown	Open Cat	59	K	BRAT	Sprint	00:10:48	00:01:30	00:51:17	00:03:14	00:30:54	01:37:43
137	07:00:00	10	Andrew	Campbell	Open Cat	37	G		Sprint	00:11:38	00:01:22	00:48:39	00:01:05	00:35:18	01:38:02
138	07:30:00	182	Tim	Philpot	Open Cat	61	L		Sprint	00:13:02	00:01:17	00:46:39	00:01:09	00:37:11	01:39:18
139	07:30:00	196	John	Sullivan	Open Cat	60	L		Sprint	00:12:09	00:02:43	00:46:09	00:03:47	00:34:43	01:39:31
140	07:00:00	40	David	Hill	Open Cat	38	G		Sprint	00:12:42	00:03:54	00:46:30	00:02:45	00:34:06	01:39:57
141	07:30:00	214	Ray	Winters	Open Cat	65	M		Sprint						01:40:03
142	07:00:00	101	Ben	Wright	Open Cat	38	G		Sprint	00:12:42	00:03:58	00:46:28	00:02:45	00:34:12	01:40:05
143	07:30:00	218	David	Yeabsley	Open Cat	59	K		Sprint	00:11:11	00:00:51	00:53:35	00:00:56	00:33:35	01:40:08
144	07:30:00	145	Steven	Griffin	Open Cat	65	M		Sprint	00:12:34	00:01:43	00:47:13	00:01:33	00:37:22	01:40:25
145	07:00:00	17	Callum	Curtis	Open Cat	32	F		Sprint	00:09:40	00:02:19	01:01:45	00:01:12	00:26:06	01:41:02
146	07:30:00	203	Richard	Wallis	Open Cat	59	K		Sprint	00:12:55	00:00:00	00:47:33	00:01:42	00:39:06	01:41:16
147	07:00:00	26	Jack Yevgeny	Fedorov	Open Cat	37	G		Sprint	00:10:32	00:01:25	00:57:19	00:01:58	00:30:36	01:41:50
148	07:00:00	255	Gemma	Field	Open Cat	33	F		Sprint	00:10:54	00:01:48	00:58:42	00:01:16	00:29:11	01:41:51
149	07:30:00	188	Leighton	Rose	Open Cat	47	I		Sprint	00:11:05	00:00:00	00:57:33	00:01:36	00:31:53	01:42:07
150	07:00:00	84	Ryan	Spencer	Open Cat	34	F		Sprint	00:13:05	00:01:12	00:50:29	00:01:24	00:36:43	01:42:53
151	07:00:00	98	Tom	Wiggins	Open Cat	39	G		Sprint	00:13:47	00:02:00	00:44:40	00:01:37	00:41:22	01:43:26
152	07:00:00	67	Katie	Petherbridge	Open Cat	28	E		Sprint	00:11:47	00:01:32	00:53:26	00:01:28	00:35:58	01:44:11
153	07:30:00	154	James	Houghton	Open Cat	64	L	Centurion RC	Sprint	00:13:11	00:01:46	00:52:10	00:01:00	00:38:55	01:47:02
154	07:00:00	24	Kray	Dewsbery	Open Cat	28	E		Sprint	00:11:24	00:01:08	01:00:59	00:01:04	00:35:22	01:49:57
155	07:30:00	155	Michael	Hughes	Open Cat	69	M		Sprint	00:12:16	00:03:09	00:59:38	00:02:55	00:33:26	01:51:24
156	07:30:00	135	Neil	Deuchar	Open Cat	63	L		Sprint	00:12:51	00:02:31	00:58:04	00:03:19	00:37:19	01:54:04
157	07:00:00	100	Jessica	Woolnough	Open Cat	25	E	N/A	Sprint	00:13:01	00:02:29	00:58:50	00:01:24	00:38:56	01:54:40
158	07:00:00	108	Rhian	Bamford	Open Cat	24	C		Sprint	00:13:01	00:02:32	00:58:44	00:01:29	00:38:55	01:54:41
159	07:30:00	116	Pele	Bedward	Open Cat	53	J		Sprint	00:10:52	00:01:57	01:07:56	00:01:47	00:32:50	01:55:22
160	07:00:00	16	Thomas	Cox	Open Cat	29	E		Sprint	00:12:25	00:02:29	00:59:31	00:01:38	00:41:05	01:57:08
161	07:00:00	82	Michal	Snakowski	Open Cat	39	G	Dirty Diesel Ketogeni	Sprint	00:13:29	00:03:55	00:51:32	00:04:44	00:44:10	01:57:50
162	07:30:00	160	Stewart	Knott	Open Cat	70	N	EmPower	Sprint	00:11:44	00:01:24	01:01:31	00:01:45	00:42:28	01:58:52
163	07:00:00	50	Emilija	Klovaite	Open Cat	35	G		Sprint	00:13:07	00:06:25	00:54:32	00:03:38	00:41:55	01:59:37
164	07:00:00	199	Charles	Toye	Open Cat	40	H		Sprint	00:13:07	00:06:26	00:54:29	00:03:44	00:42:00	01:59:46
165	07:00:00	99	Alex	Willis	Open Cat	35	G		Sprint	00:14:46	00:02:16	00:54:30	00:04:26	00:46:32	02:02:30
166	07:00:00	11	Harry	Checkland	Open Cat	30	F		Sprint	00:14:00	00:01:39	01:04:29	00:01:22	00:41:15	02:02:45
167	07:30:00	130	Stephen	Cooper	Open Cat	53	J	AFC Kebab	Sprint	00:14:23	00:02:14	00:54:47	00:02:19	00:49:12	02:02:55
168	07:30:00	216	lou	Witterick	Open Cat	53	J		Sprint	00:14:00	00:01:38	01:07:23	00:01:22	00:38:37	02:03:00
169	07:00:00	52	George	Leech	Open Cat	28	E		Sprint	00:10:03	00:01:30	01:21:54	00:00:52	00:29:55	02:04:14
170	07:30:00	176	Jason	Mills	Open Cat	55	K	Zone Running Club	Sprint	00:16:59	00:03:18	00:57:58	00:06:06	00:52:13	02:16:34
171	07:00:00	97	Robert	Watson	Open Cat	36	G		Sprint						06:46:25